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Obsessive-Compulsive Disorder For Dummies Obsessive-Compulsive Disorder Obsessive Compulsive Disorder Obsessive-compulsive Disorder Obsessive-Compulsive Disorder Clinical Handbook of Obsessive-Compulsive Disorder and Related Problems Obsessive-compulsive Disorder Over and Over Again Sexual Obsessions in Obsessive-Compulsive Disorder Obsessive-Compulsive Disorder Handbook of Child and Adolescent Obsessive-Compulsive Disorder The World of Obsessive-Compulsive Disorder Obsessive-Compulsive Disorder Obsessive-Compulsive Disorder Obsessive-Compulsive Disorder and Uncertainty Obsessive-Compulsive Disorder 100 Questions & Answers About Your Child's Obsessive Compulsive Disorder Obsessive-compulsive Disorders Psychological Treatment of Obsessive-compulsive Disorder Obsessive-Compulsive Disorder Obsessive-Compulsive Disorder Diagnostic and Statistical Manual of Mental Disorders (DSM-5) Why Does Everything Have to Be Perfect? Concepts and Controversies in Obsessive-Compulsive Disorder Break Free from OCD Cognitive Behaviour Therapy for Obsessive-Compulsive Disorder Tormenting Thoughts and Secret Rituals Obsessive-Compulsive Disorder Clinician's Handbook for Obsessive Compulsive Disorder Obsessive-compulsive Disorder Spectrum Obsessive-Compulsive Disorder Obsessive Compulsive Disorder Obsessive-Compulsive and Related Disorders Mastery of Obsessive-Compulsive Disorder Coping with Obsessive Compulsive Disorder

Obsessive-compulsive Disorders Obsessive-Compulsive
Disorder: Subtypes and Spectrum Conditions Obsessive-
Compulsive Symptoms in Schizophrenia Obsessive
Compulsive Disorder Obsessive Compulsive Disorder

Obsessive-Compulsive Disorder For Dummies

2008-11-24

arguably one of the most complex emotional disorders obsessive compulsive disorder is surprisingly common furthermore most people at some time in their lives exhibit a smattering of ocd like symptoms obsessive compulsive disorder for dummies sorts out the otherwise curious and confusing world of obsessive compulsive disorder engaging and comprehensive it explains the causes of ocd and describes the rainbow of ocd symptoms the book shows readers whether ocd symptoms represent normal and trivial concerns for example a neat freak or something that should be checked out by a mental health professional for example needing to wash hands so often that they become raw and red in easy to understand steps the authors lay out the latest treatments that have been proven to work for this disorder and provide practical and real tools for living well long term whether you or someone you care about has this disorder obsessive compulsive disorder for dummies gives you an empathic understanding of this fascinating yet treatable mental disorder

Obsessive-Compulsive Disorder

2011-01-01

obsessive compulsive disorder ocd is a neurobehavioral disorder that affects millions of people people with this disorder have behaviors that they can't help doing or can't stop doing such as washing their hands over and over or

continuously checking to see if the stove is off these obsessions or compulsions are time consuming distressing and interfere with normal routines relationships with others or daily functioning the disorder usually develops before the age of thirty but can begin at any time effective treatment medications and or cognitive behavioral therapy is available to help people living with ocd effectively manage their symptoms learn about the nature of the disorder its symptoms and more in this insightful overview

Obsessive Compulsive Disorder

2002

as many as 1 in 30 adults and 1 in 100 children currently suffer from obsessive compulsive disorder it is much more common than was previously thought with up to 2 million people being affected in the uk sufferers experience intrusive thoughts and anxieties resulting in compulsive behaviour that can seem bizarre to those that have no experience of the disorder why would someone feel compelled to touch the four walls of a room in a clockwise fashion as soon as he enters it why would someone look at an object 3 times with his right eye followed by his left eye ocd sufferers are aware that these rituals are excessive and irrational but they cannot control their behaviour they are plagued by intrusive thoughts that they cannot banish from their mind and are often tormented by these thoughts which they find profoundly disgusting or upsetting the cause of ocd is still not known but it does appear to run in families and can occur together with other disorders such as depression anxiety disorders eating disorders and tourette s syndrome dr frederick toates an experimental psychologist relates his own experiences of obsessional

neurosis and his successful quest for a cure in th

Obsessive-compulsive Disorder

2007

obsessive compulsive disorder ocd is an anxiety disorder characterized by obsessional thinking compulsive behaviour and varying degrees of anxiety depression and de personalization studies have shown ocd to be one of the more common psychiatric disorders with a lifetime prevalence estimated at 2-3 approximately twice that of schizophrenia ocd is also considered to be one of the most disabling of psychiatric disorders and medical disorders for that matter and presents a tremendous economic and social burden both for the individual family and for society at large in contrast to other psychiatric conditions of a comparable or lesser prevalence and patient burden relatively little is understood about the aetiology neural substrates and cognitive effects of ocd part of the oxford psychiatry library series this pocketbook provides clinicians with a succinct and practical introduction to the diagnosis evaluation and management of ocd and ocd related conditions individual chapters cover the phenomenology psychobiology pharmacotherapy and psychotherapy of ocd the book also includes a helpful resources chapter including reproductions of the major rating scales used to assess patients with ocd y-bocs cy-bocs dy-bocs and cgi as well as information sources for both clinicians and patients the book serves as an invaluable quick reference for clinical psychiatrists trainee psychiatrists psychiatric specialist nurses and other mental health care professionals as well as interested general practitioners

Obsessive-Compulsive Disorder

2014-04-03

although obsessive compulsive disorder ocd has been known since the ancient times the exact etiology and pathogenesis of ocd unfortunately still remain unknown in addition the therapeutic approaches elaborated for the treatment of ocd as a whole are not perfect and this disorder as a rule is characterized by unfavorable course and lack of full therapeutic response in the current book some modern data on pathogenesis phenomenology and treatment of ocd are presented besides the data on co morbidity of ocd with other neurological and psychiatric disorders are also included this book is intended for broad circle of readers but mostly for psychiatrists psychologists and neurologists

Clinical Handbook of Obsessive-Compulsive Disorder and Related Problems

2008

obsessive compulsive disorder ocd is a complex set of thoughts and behaviors that can vary greatly from person to person and can be related to and complicated by a wide range of other disorders clinicians are confronted with the challenge of accurately classifying its many variants and developing effective systematic treatments for them some believe that ocd and related problems should be treated as subtypes of one condition others argue that ocd is composed of a spectrum of many similar conditions that

should be treated individually in this handbook jonathan s abramowitz dean mckay and steven taylor present an approach to diagnosis and treatment that considers subtype and spectrum concepts they examine specific presentations of ocd the symptoms that are often seen in practice as well as the many disorders that may fall within the ocd spectrum for each symptom and putative spectrum condition they discuss empirical support theories of etiology and treatment issues the volume covers cognitive behavioral and biological factors as well as the latest approaches to psychological and pharmacologic therapy including complicating factors in treatment in concluding chapters the authors critically address the current literature on proposed subtype and spectrum disorders consider the clinical implications of the literature and map out a comprehensive integrated approach for understanding ocd and related conditions the only work on ocd that covers treatment options for specific symptoms and the full spectrum of related disorders this handbook is a must have for clinicians who are dedicated to improving the lives of patients with these challenging mental conditions

Obsessive-compulsive Disorder

1994

obsessive compulsive disorder ocd affects roughly six million americans its symptoms ranging from repetitive handwashing to preoccupation with sexual religious or aggressive impulses wreak havoc in people s lives and often cause severe emotional and economic loss this sensitive and insightful book the result of the authors years of research and experimentation is a much needed survival manual for ocd sufferers and the families and friends who

share their pain with answer to the 100 most often asked questions this classic work combines the latest in scientific knowledge with supportive case histories and practical suggestions for help and offers new hope to those touched by this insidious and widespread malady

Over and Over Again

1997-07-29

many people suffer in secret from unwanted sexual obsessions these people are not perverts or pedophiles but normal individuals with a brain based condition called obsessive compulsive disorder or ocd most of us have heard of ocd but few realize that ocd can cause people to have terrifying sexual thoughts that just won't go away many therapists are baffled by these symptoms and may spin their wheels trying to get to the root of problem the good news is that there are effective short term treatments to help sufferers overcome these demons and start feeling better again

Sexual Obsessions in Obsessive-Compulsive Disorder

2019

discusses obsessive compulsive disorder in teenagers including its symptoms causes and treatments

Obsessive-Compulsive Disorder

2008-08-15

previously considered a rare condition among children and adolescents recent research on obsessive compulsive disorder ocd has indicated an increased prevalence among this age group insofar as it is now considered one of the most common of all psychiatric illnesses affecting youth handbook of child and adolescent obsessive compulsive disorder

Handbook of Child and Adolescent Obsessive-Compulsive Disorder

2007-01-29

this book depicts the lives of people with ocd based primarily on interviews with those who have the disorder this book follows them from when they first started to believe they had a problem all the way to life after treatment

The World of Obsessive-Compulsive Disorder

2022-01-11

have you ever worried that you ve forgotten something important even though you knew everything was really okay some people can t stop themselves from checking or counting or washing their hands these are symptoms of obsessive compulsive disorder ocd ocd can leave people feeling helpless and out of control the lives of millions of kids are affected by mental illness and yet it s all too common for kids to feel like they are alone with their problems whether you re seeking information for family

friends or yourself these books help explain the challenges faced by people with mental disorders

Obsessive-Compulsive Disorder

2018-08-01

this book will provide mental health professionals of all levels of experience and graduate level tertiary students of mental health with an evidence based practical guide to the treatment of obsessive compulsive disorder back cover

Obsessive-Compulsive Disorder

2009

obsessive compulsive disorder and uncertainty examines the intrapsychic features of the self as it presents within ocd compulsive doubting moshe marcus and steven tuber suggest a phenomenological framework through which to consider the interplay between the cognitive as well as affective components required to make judgments

Obsessive-Compulsive Disorder and Uncertainty

2021-07-12

obsessive compulsive disorder etiology phenomenology and treatment provides an introduction to the fascinating world of those with problematic obsessions and compulsions some of the world s leading researchers and clinicians contribute chapters to this volume which covers everything from the

causes of ocd to how it manifests across different cultural settings to evidence based treatments both new clinicians and those experienced with the disorder will find useful information inside as will those seeking to learn more for themselves or their family members caleb w lack is a clinical psychologist and associate professor of psychology at the university of central oklahoma he specializes in training others in evidence based treatment of mental health problems lack has assembled a terrific volume on ocd that is concise yet thorough a must read for students clinicians and researchers every chapter of this book is clearly written and the authors stick to the most up to date scientifically supported knowledge the chapters on symptom dimensions in ocd and cultural manifestations of the disorder are highlights and make this book unique it will occupy a prominent place on my bookshelf and become required reading for my students jonathan s abramowitz university of north carolina at chapel hill

Obsessive-Compulsive Disorder

2015-02-14

obsessive compulsive disorder ocd can be a devastating problem not just for children but also for parents families and friends 100 questions answers about your child s obsessive compulsive disorder is a user friendly guide that will enhance your knowledge of the disease and answer your questions about diagnosis cause treatment and prognosis for children with ocd written by an expert psychologist along with contributions from actual parents this book is an excellent resource for learning and coping with the medical and emotional effects on a child with ocd

100 Questions & Answers About Your Child's Obsessive Compulsive Disorder

2009-03-23

this is the most complete clinical reference on obsessive compulsive disorders it incorporates scientific foundations and clinical studies discussed in detail are the behavioural therapies and psychotropic medications that are used to control symptoms practical advice is provided on clinical management the first edition received positive reviews in the new england journal of medicine as extremely useful as a reference source for any clinician interested in treating obsessive compulsive disorders the third edition is divided into six sections section i the clinical picture presents a descriptive picture of the clinical features of ocd section ii illnesses related to ocd spectrum disorders section iii pathophysiology and assessment section iv treatment includes detailed information on treatments that have proven effective including behaviour therapy medications and the often overlooked area of neurosurgical treatment as well as specific clinical strategies and case studies section v patient and clinic management includes step by step information on running an ocd clinic section vi appendix includes rating scales referral sources references etc complete coverage of the aetiology diagnosis and treatment of ocd in children adolescents and adults written by contributors who are the leading authorities on ocd the editors are from mgh ocd clinic a major u s treatment center also involved in the latest research in ocd the leading reference on ocd written by leading authorities in the field new drugs and latest information on indications and

contraindications new information about the biology of disorders major updating of obsessive compulsive spectrum and fringe disorders expanded bibliography

Obsessive-compulsive Disorders

1998

written by prominent ocd specialists this volume provides practical step by step descriptions of psychological approaches to treating ocd practitioners experienced in treating this disorder will appreciate the discussion of more advanced issues including dealing with treatment resistance and comorbidity and treating ocd in special populations

Psychological Treatment of Obsessive-compulsive Disorder

2007

obsessive compulsive disorder is probably the psychiatric disorder for which most significant progress has been made on the last 20 years concerning pharmacologic and psychotherapeutic interventions a number of studies have shown that ocd is much more prevalent than previously thought occurring in an estimated 2 of the adult population around the world a serious discrepancy still exists between research evidence and clinical practice and an update of this evidence and an international debate on it as provided by this volume is long overdue this revised edition provides vital information on a considerably underdiagnosed condition provides accompanying commentaries by an

outstanding line up of contributors covers developments in diagnosis therapy prognosis economic evaluation and quality improvement provides an unbiased and reliable reference point

Obsessive-Compulsive Disorder

2003-07-07

drawing upon extensive interviews and assessments of school age children who have lost a parent to death this book offers a richly textured portrait of the mourning process in children the volume presents major findings from the harvard child bereavement study and places them in the context of previous research shedding new light on both the wide range of normal variation in children's experiences of grief and the factors that put bereaved children at risk the book also compares parentally bereaved children with those who have suffered loss of a sibling to death or of a parent through divorce exploring similarities and differences in these experiences of loss a concluding section explores the clinical implications of the findings and includes a review of intervention models and activities as well as a screening instrument designed to help identify high risk bereaved children

Obsessive-Compulsive Disorder

2001-10-31

bad thoughts that won't go away repetitive actions feelings of guilt and shame are you overwhelmed by a need to get it right do continual what ifs prevent you from making decisions do you check again and again to see if the door is

locked are your thoughts and habits causing you anxiety guilt or shame if so you re not alone you may be suffering from obsessive compulsive disorder a very specific and largely biochemical problem that affects over 5 million americans now this compassionate informative guide helps you break the tyranny of obsession and compulsions providing the latest facts on why ocd occurs its symptoms and the breakthrough treatments that can dramatically improve the lives of ocd sufferers find out about how to determine if you have ocd and whether your problem is severe enough to warrant professional help how diet stress and other lifestyle conditions can trigger the symptoms of ocd the two most highly effective forms of treatment and how to decide what s best for you the latest news in alternative therapies including yoga biofeedback and herbal therapy plus cutting edge research that promises freedom from the chains of ocd forever

Diagnostic and Statistical Manual of Mental Disorders (DSM-5)

2021-09-24

few syndromes in psychopathology generate as much popular curiosity and clinical exploration as does obsessive compulsive disorder ocd since the 1970s research on ocd has increased exponentially speci c advances include an improved grasp of the heterogeneity of the disorder identi cation of putative subtyping schemes and the development of increasingly sophisticated theoretical models of the etiology and maintenance perhaps most importantly research has led to advances in treatment andwhereasthe rstlinetherapies cognitive behaviortherapyandserotonergicmication are not entirely

effective for every sufferer they have transformed ocd from an unmanageable lifetime affliction into a treatable problem that need not reduce quality of life despite the aforementioned advances there have emerged a number of sharp disagreements concerning ocd differences have surfaced over phenomenological issues etiological models and approaches to treatment and often occur but not exclusively along disciplinary lines between biologically oriented and cognitively behaviorally oriented authorities for example medical approaches posit that abnormal biological processes cause ocd whereas psychosocial formulations emphasize the role of learning and dysfunctional cognitions yet because theoretical conjecture and empirical findings from within each tradition are typically addressed toward distinct and narrow audiences clinicians researchers and students with broad interests are hindered from gaining a clear grasp of the diverse and sometimes polarized perspectives

Why Does Everything Have to Be Perfect?

2009-09-30

are you plagued by obsessive thoughts rituals or routines would you like to regain control over your behaviour and cast your fears aside whether you are compelled to wash your hands more and more thoroughly or feel the need to keep checking that you've turned off appliances obsessive worries can be a drain on daily life however you don't need to suffer any more this practical guide written by three leading cognitive behavioural therapy experts enables you to make sense of your symptoms and gives a simple plan to help you conquer ocd includes detailed information on the

many different manifestations of ocd the differences between normal and obsessive worries clear information on treating your individual problem real life case studies and examples and advice and support for friends and family of ocd sufferers whether your condition is mild or severe this definitive resource will help you reclaim your life and keep ocd away for good

Concepts and Controversies in Obsessive-Compulsive Disorder

2006-11-22

obsessive compulsive disorder can be a very disabling and distressing problem cognitive behavioural therapy cbt has been shown to be very effective in helping people to overcome ocd this book provides the reader with an understanding of the background to and principles of using cbt for ocd in a clear practical how to style

Break Free from OCD

2011-09-09

obsessive compulsive disorder has been called the hidden epidemic only a very few of the many people who have it reveal their condition ian osborn is one of those who suffers from ocd and his personal experience imbues this book with an exceptional clarity and understanding dr osborn discusses the various forms ocd takes and using the most common focuses of obsession presents detailed and dramatic cases whose objects are filth harm lust and blasphemy he explains how the disorder is currently

diagnosed and how it differs from addiction worrying and preoccupation he summarizes the recent findings in the areas of brain biology neuroimaging and genetics that show ocd to be a distinct chemical disorder of the brain he contrasts ocd with other ocd spectrum disorders such as anorexia nervosa and hairpulling and he provides a historical overview that traces the development over the centuries of both behavior therapy and medications

Cognitive Behaviour Therapy for Obsessive-Compulsive Disorder

2017

obsessive compulsive disorder ocd is a relatively common psychological problem the symptoms which can be seriously disabling in extreme cases can include excessive hand washing or other cleaning rituals repeated checking extreme slowness and unwanted repugnant intrusive thoughts this book covers the nature symptoms causes and theories of ocd it discusses the treatments that are available and provides valuable practical advice to those who may need help numerous case histories are given throughout the book highlighting various aspects of the disorder and its treatment there are in depth sections on scrupulosity culture and ocd mental pollution ocd in children and on the similarities and differences between childhood ocd and autistic disorder this fourth edition has been updated with succinct explanations of recent research information on treatment advances and the recent expansion of treatment services for anxiety disorders including ocd in the nhs in this updated fourth edition stanley rachman gives a clear account of the nature of obsessive compulsive problems which will prove useful for

sufferers and their families as well as general readers interested in finding out about the disorder

Tormenting Thoughts and Secret Rituals

2013-08-07

this book is the first to bring together new research to offer a hands on clinical guide to treating people with all types of obsessive compulsive disorder ocd using an inference based therapy ibt provides clinical examples from the full range of ocd subtypes coverage integrates theory and application describes case management in detail from initial assessment to terminating therapy and follow up shows how ibt can also be generalized and applied to other serious psychiatric disorders

Obsessive-Compulsive Disorder

2009-03-25

obsessive compulsive disorder ocd is one of the more complex and difficult mental disorders to diagnose and treat treatment of this condition is complicated by the fact that ocd shares symptoms with other major neuropsychiatric disorders such as schizophrenia as well as a spectrum of related disorders such as hypochondriasis eating disorders and tourette s syndrome based on extensive clinical experience with more than 2 000 patients and exhaustive literature reviews obsessive compulsive disorder spectrum presents a comprehensive examination of ocd its related disorders and their treatment regimens in

this book Drs Yaryura Tobias and Neziroglu propose a unique theory for OCD that defines the condition as a complex phenomenon of unknown duration with a variable symptomatology that affects the individual's cognitive, behavioral, biological, and social well-being. They argue that OCD is not a single clinical entity but part of a continuum of related disorders previously considered to be separate. As a result, the authors advocate an integrated approach to treatment including family intervention, cognitive behavior therapy, and pharmacotherapy.

Clinician's Handbook for Obsessive Compulsive Disorder

2011-12-12

In this volume originally published in 2000, leading authorities offer a comprehensive, cutting-edge overview of etiology, diagnosis, assessment, and the latest cognitive, behavioral, biological, and combined approaches to intervention. A special focus is treatment-resistant illness.

Obsessive-compulsive Disorder Spectrum

1997

This book is a practical, step-by-step road map to healing families living under the potentially devastating impact of OCD. You will learn about the nature, origins, and treatment of OCD; how OCD impacts family members; how to break the negative effects of OCD; how to take care of yourself while dealing with OCD; how you can heal and move beyond OCD.

regardless of what happened to the person afflicted

Obsessive-Compulsive Disorder

2017-08-09

this resource includes individual chapters on the phenomenology pathogenesis pharmacotherapy and psychotherapy of ocd and other related disorders and features fully updated content and research as well as a resources chapter and an appendix with summaries of the major rating scales used to assess patients with ocd

Obsessive Compulsive Disorder

1998

this program has at its foundation the use of ritual prevention and prolonged actual and imaginable exposure exercises therapists will learn the best methods for assessing ocd and formulating a treatment program tailored to their client s particular ocd symptoms sample lists of exposure items are provided for fear of contamination fear of supernatural harm and fear of causing harm to self and others by acts of negligence this therapist guide is designed to help psychotherapists in assessing and treating obsessive compulsive disorder ocd it is divided into three sections in the first section a summary of the symptoms of ocd and methods for assessing the disorder are presented in the second section the relative efficacy of the available treatments and how to arrive at treatment recommendations for individuals with ocd who seek treatment are discussed in the third section a guide to cognitive behavioral treatment by exposure and ritual

prevention is provided also in this section the components of the treatment procedures whose efficacy has been experimentally documents are described and illustrated as well as those aspects of their practical application that inhabit experimentally uncharted territory of clinical wisdom and artistry

Obsessive-Compulsive and Related Disorders

2015

ocd is thought to affect up to one million people in the uk and an estimated three million in the usa listed among the top 10 most debilitating illnesses by the world health organisation ocd can have a devastating effect on work social life and personal relationships professional treatment can be hard to access and in addition many people are too ashamed of their problem to seek help coping with obsessive compulsive disorder offers expert advice and a thorough self help programme based on solid scientific evidence

Mastery of Obsessive-Compulsive Disorder

2004-11-11

offers advice on how to choose the most effective therapies and medications and how to avoid relapses

Coping with Obsessive Compulsive Disorder

2012-03-30

researchers and clinicians working with obsessive compulsive disorders ocd and related disorders who need the most current information available will find this volume of great use obsessive compulsive disorder subtypes and spectrum conditions covers contemporary theory research and treatment of the various subtypes of ocd and problems often referred to as ocd spectrum disorders as the mental health field considers the next iteration of the dsm an entire research agenda is being planned to elucidate issues such as how best to understand and classify ocd the questions of subtypes and spectrum disorders are at the heart of this issue and will guide how ocd is conceptualized in dsm v this volume dedicated to such diagnostic theoretical and treatment issues helps informs the field of the most up to date knowledge and what remains to be resolved deconstructs ocd into its subtypes reviews current research and treatment for these problems considers how ocd will be conceptualized in dsm v represents an international scope with contributions from field experts in psychology psychiatry and social work includes critical discussion of the ocd subtype and ocd spectrum concepts

Obsessive-compulsive Disorders

2000

this book summarizes scientific advances in our understanding of the interrelationship between obsessive

compulsive symptoms and schizophrenia and reflects on the implications for future research directions in addition guidelines are provided on practical assessment diagnosis and treatment interventions covering both pharmacotherapy and psychotherapy the book acknowledges the need for a perspective that recognizes heterogeneous subgroups and diverse neurobiological explanations accordingly multidimensional research based conceptual frameworks are provided that incorporate recent epidemiological neurocognitive neurogenetic and pharmacodynamic findings obsessive compulsive symptoms in schizophrenia has been written by an international team of experts who offer insights gained through their extensive experience it will be an invaluable guide to this frequent and clinically important comorbidity and will be particularly useful for mental health practitioners

Obsessive-Compulsive Disorder: Subtypes and Spectrum Conditions

2011-04-28

this book will help you better understand ocd and see how you can deal with it it has been written as a general overview outlining the main things you need to know about this subject it s a short read and a great start for people who know little about the subject obsessive compulsive disorder ocd is the name given to a condition in which people experience repetitive and upsetting thoughts and or behaviors ocd has two main features obsessions and compulsions almost everybody experiences the type of thoughts that people with ocd have however most people are able to dismiss these thoughts the good news is that for the majority ocd can be effectively controlled and treated

this book will help you understand and deal with this problem here is a preview of what is inside this book what is obsessive compulsive personality disorder the 5 subtypes of obsessive compulsive personality disorder what causes obsessive compulsive personality disorder the 9 most common symptoms of obsessive compulsive personality disorder how to choose the right therapy approach how to overcome obsessive compulsive personality disorder in 4 steps this book is a valuable tool to help anyone suffering from obsessive compulsive disorder recovers it provides core positive belief systems spiritual insight and coping strategies to benefit those with ocd challenge their disorder so that they can find peace and relief from mental torment

Obsessive-Compulsive Symptoms in Schizophrenia

2015-02-26

wide ranging and accessible this book covers all evidence based approaches to obsessive compulsive disorder in adults and children

Obsessive Compulsive Disorder

2023-06-26

Obsessive Compulsive Disorder

2018-08-02

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